



THE NEWSLETTER OF TRINITY EPISCOPAL CHURCH

The Trinitarian

November 2016



MUSINGS FROM FR. MAC

Ten years – Ten wonder-filled years! I want to thank you all for your support and the wonderful reception (and donations to the Trinity Discretionary Fund) on October 16th, the 10th anniversary of my arrival at Trinity. Both Merline and I feel blessed to have the love and care you give to us.

As we plan for 2017 and reflect on where we have been, where we are and where we are going, we are filled with hope for our future. In a few days we will all have the opportunity to help decide the future direction of our country, and I urge you to be informed and go out and exercise one of our fundamental rights – the right to choose our leaders – however you vote, be sure to go out and do it!

This newsletter is filled with stories about who we are and where we are going. I urge you to read it from cover to cover. I am including, as an insert, the opening remarks that our Presiding Bishop, Michael Curry gave to the Executive Council of the Episcopal Church at their meeting last week (October 20).

I know the article is long, but I believe his words help us to understand our call to be the Jesus Movement here in the greater Milford area.

My work in helping us be the Jesus Movement here at Trinity would not be possible without the incredible support of the Trinity staff. Magee Lambert, our Parish Secretary, Paul Del Molino, our Sexton, Randy Bloom, our Minister of Music, Marybeth Sweet, our Christian Education Director and Mary Johnson, our Parish Nurse, and more recently our Lay Pastoral Associate. We as a team are here to support you, the people of Trinity! As our weekly bulletin states, ***“The Ministers of Trinity Episcopal Church are The People of this Parish”*** supported by your rector, staff and elected leadership.

As you will read later in this newsletter, our beloved Parish Nurse / Lay Pastoral Associate has stepped down from her official role (although she seems – thank the Lord – to be continuing many of her numerous roles as a volunteer), let there be no doubt that she has done an incredible job over the past ten years of my tenure here at Trinity and I will miss our daily interaction!

I look forward to all of us working together over the next ten years!

Blessings and Peace,
Fr. Mac



WELCOME TO OUR CHURCH

Matthew 10, verse 40:

“Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me.”

I couldn't help but notice how the word 'welcomes' is used four times in this one verse. Doesn't it say a lot about the importance of us being open and inclusive! When *YOU* welcome *ME*, you are also inviting *Jesus* and *God* in your actions.

It's a mindset for all of us to strive for. It's an opportunity for the *Holy Spirit* to work through us by conveying warmth, openness, and friendliness to everyone we meet, whether at church or in our

daily lives. This positive energy is contagious (as Fr. Mac so consistently demonstrates) and why I enjoy the time we spend with our PEACE greeting during our services. Otherwise, there is a good chance I might not connect with you.

Our 'Welcome to Trinity' brochure, found in our visitor gift bag, advertises us as a 'Welcoming Church'. As I am a fairly newcomer myself, I can attest that this description is TRUE and I am grateful to everyone for your warm hospitality. But we can continue to strive to be more active. Offering a warm greeting to a new person/family during the PEACE is a great start, but we can also greet a new visitor/or someone we don't know before or after the church service, or take a few minutes to chat with someone you don't know at coffee hour. It's hard. Many of us are just trying to catch up with our friends about the past week's activities or discussing church related business, but a friendly gesture of *'Welcome, I'm So-and-so. I'm glad to joined us today.'* displays the warmth and hospitality we are all capable of and what God has called us to do.

Faithfully,
Annie Toffey



I wonder my friends if you have all considered how lucky we are at Trinity.

We have a full time Rector, and five part time employees: a parish secretary (who serves as the first contact for many of our visitors, as well as preparing the weekly bulletin, informational emails and much more), a Sexton (who helps us care for the building), music minister (who works with our choir and makes beautiful music at our 10am Sunday services), a Christian Education leader (who makes our children's program fun and spiritually focused), and our Lay Pastoral Associate (whose home visits and caring programs help make sure that no one goes without pastoral support) . Most churches in the area have only one part time clergy person!

We have so many folks who pitch in to help with our charitable work in the community. We sponsor meals at the end of the month and Laundry Love. It is wonderful to have the under-served in our lives. We learn to appreciate what we have and observe what they don't.

Then there are Girl Scouts, Family mentoring, AA, and Al-Anon. Did you know that we now have a Veterans Administration Community Access Point office right here at Trinity? It is staffed and makes appointments with folks just back from the war zone to help them transition back to home. It also counsels Vets on benefits and attempts to cut thru the red tape.

The Milford Area Humanitarian Coalition (MAHC) was established at Trinity by Fr. Mac and two other parishioners. This group brings the community together for the welfare of the underserved.

MAHC spearheaded the establishment of Milford's new fixed route bus system, managed by the MetroWest Regional Transit Authority.

Through the effort of the MAHC, in partnership with the Hockomock YMCA, we served 7,133 meals to children and their caregivers this summer. Without this program, many of these kids would have gone without lunch. Meals left at the end of the week were distributed in the community to families in Milford's 30+ Scattered Site homeless shelters.

The Coalition established a resource guide so folks would know how to go about seeking help with a problem. Trinity is currently hosting Cooking Matters classes thru the YMCA.

Elder concerns are also addressed. I watched people come into Trinity this summer and ask if they could pray. I was cooking the other day and three non-Trinity folks came in seeking help with a problem. You see, Trinity has a reputation as a place of compassion. People of this area know that Trinity will help them. Not just with money but more, with good council.

Stewardship is all about the things I have mentioned. Please dig deep in your budgets and give to Trinity so that we can continue to be the Body of Christ. For as The Rev. Carolyn Woodall writes in our Sunday bulletin insert this week: We are stewards also for the poor, the hungry, the homeless, the sick, and anyone else in need — these, too, are our neighbors whom we are called to love. This is a stewardship obligation clearly set forth in the Gospels. We are called to feed the hungry, tend the sick, clothe the naked and welcome the stranger. These, too, are part of the Church.

We should all have pride to be a part of such a wonderful church.

Blessings,
Dave Scott



we share, so don't miss out!

On Saturday, November 12th, we will have our Fall Clean-Up day, and we need your help! In the past, this has been a time of great fellowship and fun amidst a little bit of labor. Starting at 8am, we will work to rake and clean-up the leaves and garden areas, and organize and clean a few other areas within the Church.

Come for an hour or the entire time, and bring the family too! There will be opportunities for everyone to serve no matter the skill set and age level. This will be a great time to connect with one another and take ownership of the worship space



VESTRY MEETING HIGHLIGHTS FOR SEPTEMBER

Plan for Windows – The windows have been ordered. The contractor has been agreed upon. Materials will run around \$22K, the construction itself is the balance of the cost. The siding needs to be removed and the building rewrapped and sided with the old siding and some new to fill in where needed. Construction costs will run around \$37K.

Capital Campaign – The plan is to do a capital campaign in the Spring.

Stewardship and Vision – Churches looking to do a Capital campaigns benefit from a professional consultation.

We'll be looking at whether we can afford an associate rector in the Spring with Mary having to resign as pastoral associate.

Mission and Outreach: Operation Christmas Child is running through November 13 and the Change the Babies campaign is running continuously.

Evensong November 12th – we'll gather to celebrate community service and Fr. Mac's 10 year anniversary.

Planning Committee for the February Vestry Retreat – Friday, February 17th & Saturday, February 18th, looking at RenewalWorks as the focus for our retreat. John Ellis will attend the RenewalWorks workshop at diocesan convention for ideas.

Succession Planning – Seven of our Vestry members (Dwight Kee, John Ellis, Lucille Clinkman, Sarajane Duncan-Richter, Steve Ketcham, Jim Phillips and Ralph Stafford) are scheduled to finish their vestry terms. While they are eligible to rejoin, more are always welcome. See a vestry member or Fr. Mac if you're interested or would like to learn more about serving on the vestry!

Pastoral Associate's Farewell Report (Mary Johnson) – Mary will be going back to nursing full time so has had to reluctantly resign as pastoral associate.

Rector's Report (Fr. Mac)

Sophie McGuinness received her liver transplant today.

Ann Marie has been in contact with Pere Frederick in Haiti and received a lot of input from him about their needs and established a funding page. It can be found in a link on the Trinity web page and later in this newsletter.

Respectfully,
Dianne Belamarich
Vestry Clerk



Financial Report as of September, 2016:

Operating Income:	\$150,886
Operating Expenses:	<u>\$204,552</u>
Net:	(\$53,666)
Pledge Actual:	\$129,722
Pledge Budget:	<u>\$146,000</u>
Net:	(\$16,278)

Prayer for Provision:

Most gracious and generous Father, who gives us each day our daily bread, You have called this parish family to love You, to love our neighbors, and to love one another. We look to You to provide all the resources necessary to fulfill that call, whether they be spiritual gifts, human time and talents or material goods. Thank You for meeting all of our needs through Your riches in Christ Jesus our Lord; who with You and the Holy Spirit lives and reigns now and forever. Amen.



NEW PRAYER SUPPORT GROUP

There are two people available during our church service every other week at the 8am and 10am services to pray with and for you. They are in the Narthex (where you enter the church from the front doors) so as you come back from communion, you can go to the narthex and share something you would like the team to pray about. There is a kneeler and chairs available, so you can choose to kneel, sit or stand. Whatever concerns you, you can share with these people. I once worked with a social worker whose motto was "Never worry alone."

It may be a health issue for yourself or someone you care about. It may be a concern not related to health at all. Do not carry your burden alone. I invite you to share it with the prayer team and see if it lightens your load.

Mary Johnson



PRAYER SUPPORT GROUP

October 2nd we initiated the prayer team offering supportive prayer during Eucharist. I think it went well. We had Chris McNulty and Mary Johnson at 8:00 and Annie Toffey and Mary Johnson at 10:00. We had three people at each service come to request prayer. I think for our first week we had a terrific response. We are planning to offer supportive prayer every other week. I have a schedule through the end of December and then the plan is to re-evaluate it to see if we need to make any changes. We welcome anyone who would like to join us as prayer requesters and or pray-ers.

FR. MAC'S 10TH ANNIVERSARY CELEBRATION RECEPTION

We held a wonderful reception for Fr. Mac to celebrate his tenth year at Trinity. There were about 100 people in attendance. The food was awesome.

I thank Dwight for organizing the volunteers to pull off such a great gala.

I thank all of the volunteers for shopping, decorating, cooking, cleaning, photographing... It was a lovely celebration.

We have much to celebrate in the past ten years and much to look forward to in the future.

CHANGE HAPPENS...

Ecclesiastes. 3:1:

"For everything there is a season, and a time for every matter under heaven."

My season for being a Parish Nurse at Trinity lasted ten years.

My season to be the Lay Pastoral Associate has been much shorter. In March I quit my full time job as a hospice nurse. Shortly after that Fr. Mac asked if I would serve 24 hour per week in a new role as Lay Pastoral Associate. I accepted and I think I was doing a pretty good job and I know I was enjoying it. I thought this must be part of God's plan for me.

Then in mid-September my husband, Charlie was laid off. Since being a hospice nurse pays about twice as much per hour as being a Pastoral Associate and I can be a nurse full time and since we still have a mortgage Charlie and I have decided I will go back to work full time as a nurse. Therefore, I have informed Fr. Mac that I am resigning as the Pastoral Associate.

I am blessed that within one week of Charlie losing his job I had one. And I am thankful for that. But I will share with you that I had several days of angst and spiritual turmoil. How could I feel like I was answering God's call for me and then not be able to follow that path? Did I misunderstand God? Was I doing a poor job as Pastoral Associate and God did not want me doing it anymore? Or is it just life happening and I am taking it too personally?

I was away at the National Episcopal Health Ministry Conference as all of this was going down. I was surrounded by deeply spiritual people who were so kind and loving. (I did lead a workshop there and it went really well. But that is a story for another newsletter.)

I am also aware that Charlie is dealing with his own version of angst. When you are 64 and you are laid off do you just head into retirement earlier than expected? Does it change who you are if you are no longer the main bread winner and provider? I will say that I am grateful that we have such a strong marriage and friendship.

But to tell you the truth, Charlie and I are the kind of people who like a well laid out plan for our lives. We don't "do spontaneity" well. This change in our plans kind of blindsided us. We pray together about it. And both of us feel we are willing to follow God's plan for us. We want his will to be done, but we would just like to see the plan. We like to see around the blind curves in front of us. God seems to be telling us that we just have to trust his plan for us. We have to follow the path even if we cannot see around the next curve.

While at the conference I had a VERY DEEP prayer session. The answer I heard from God was a loving but firm response. "You are mine to do with as I will." He is right. (I should not be surprised by this.) I believe God has a plan for me and for Charlie. God knows the future and we do not.

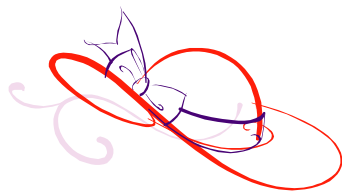
I found great comfort in this reading from Ecclesiastes 1:21-23: *"Neither seek what is too difficult for you, nor investigate what is beyond your power. Reflect upon what you have been commanded, for what is hidden is not your concern. Do not meddle in matters that are beyond you, for more than you can understand has been shown you."*

So, I have resigned as Trinity's Lay Pastoral Associate. I am also resigning as the Parish Nurse. I will plan to do many of the things I have been doing — but as a volunteer.

I will go back to my job as a hospice nurse. I thank the people of Trinity for trusting me to be the Pastoral Associate and Parish Nurse. I will keep you in the loop and let you know what is around the next curve as soon as we get around the bend.

I truly do believe this is all part of God's plan for me and I pray that whatever I do it will bring Glory to God's name.

Mary Johnson



FROM THE EDITOR: THE DOXOLOGY

The familiar hymn often called "The Doxology" or "The Common Doxology" was written by Thomas Ken in 1674 as the concluding verse of a morning hymn, "Awake, My Soul, and With the Sun," and an evening hymn, "Glory to Thee, My God, This Night." The lyrics are appropriate for any time of giving or thanksgiving. Consider using this hymn as your Thanksgiving dinner prayer:

*Praise God from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son and Holy Ghost.*

Some church bodies have altered the words to “The Doxology” slightly, but the overall sentiment - praising the Triune God - remains the same. How profound to know that when we sing it, we join Christians around the world and across nearly 440 years!

Joanne Buerger
Editor

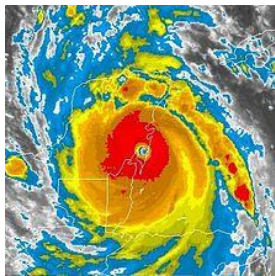


In the first days and years of Christianity, all Christians were often called saints (see 1 Corinthians 1:2). As time went on, certain Christians who lived holy and sanctified lives became special examples of truly living “above the crowd” in their dedication and service on God’s behalf. As other Christians recognized these very pious souls, the Roman Catholic Church began to cherish them as true saints, commendable as examples to be remembered and appreciated. It was and is still the Pope who, after a thorough examination of the life of the holy person under consideration, can officially designate the person as a saint.

Protestants, following the New Testament, may still consider all Christians as saints. Yet those very unique Christians who have exhibited great commitment to Christ in special ways are often hailed as being saintly, especially after death. Phillips Brooks, for example, an Episcopal priest in Boston, was honored for his godliness with a statue placed in front of Boston’s Trinity Church. The sculpture depicts Christ resting his hand upon Brooks.

On All Saints’ Day, all Christians should remember those who have faithfully passed the torch of faith and service to Christ’s followers.

While All Saints’ Day occurs on November 1st, we celebrate All Saints’ Day on the first Sunday thereafter, November 6th this year.



HAITI NEEDS OUR HELP

Dear Trinity Family:

Your generous support of our Diocesan Mission Trip has always been key to its success. One important piece of our work has been the support of Fr. Frederic Menelas in Haiti. I am sorry to report that, Fr. Frederic's church, school and community has been devastated by Hurricane Matthew. Please consider offering your support to him as he struggles to help his family and community. Donate if you can, pray hard for all of them, and share this link with your endorsement to friends and family if you are willing:

<http://tinyurl.com/hcm6pds>

Thank you,
*Ann Marie Lockwood and
The Trinity Mission Team*



SMITTEN WITH KNITTIN'

Our next date is Sunday, November 13th, from 2pm to 4pm at the home of June Jones. Come join the fun! If you have questions, or would like more information, please contact June at prayer.shawl@trinitychurchmilford.org

Looking forward to seeing everyone.



BUSY FINGERS TABLE FOR THE 2016 TRINITY EPISCOPAL CHURCH FAIR

There is still time to help the Busy Fingers Table for the 2016 Trinity Episcopal Church Fair by donating "handmade/crafted" items.

Please consider donating your skills to the Busy Fingers Tables and perhaps adding a project to make to your "to do" list so that we can have a wide array of articles to offer for sale. The Christmas Fair will be here soon!

If you have any questions, email busy.fingers@trinitychurchmilford.org

Thank you.

Gloria Falcone

Lucille Clinkman

Co-Chairs of The Busy Fingers Table



CHRISTMAS FAIR BASKET TABLE

Anyone wishing to help by donating an item or two for our baskets, please see June Jones for the list. Also, cash donations are most welcome and greatly appreciated. Please contact: Christmas.fair@trinitychurchmilford.org. Thank you very much!



SYMBOLS OF CHRISTIANITY – CORNUCOPIA

Cornucopia, a Greek word meaning "horn of plenty," has origins in Greek mythology. But the cornucopia became a religious symbol and was even stamped on Jewish coins. Overflowing horns, now common as Thanksgiving centerpieces, came to symbolize abundance and blessings.



The Jesse Tree will be up on Saturday, November 26th. The tree will contain tags for items requested by children and adults from the Parish and from the Community. If you, or someone you know, is in need of assistance this Christmas, please contact the office by December 1st. All requests are kept confidential. If you take a tag, please bring your item to church no later than 11am Sunday, December 18th, so that deliveries may start. More information will be coming in future bulletins.



Fill a Shoebox.

Please see the brochures out around the Parish Hall and outside on the landing. They contain the details for filling a shoebox. If you wish to donate for the shipping costs, you may do that. All filled shoeboxes are due back to church on Sunday, November 13th. After that, they will be brought to the local collection to be brought down to Boone, North Carolina. Samaritan's Purse will then deliver them to children in need all over the world.



CHRISTMAS FAIR

Saturday, December 3rd! It's Fair time, hurray!

Decorations, snowflakes, corn chowder, apple pies, homemade candy. The smell of wonderful balsam greens, gourmet baskets and over 60 chances to win at the Traveling bazaar. Again the call is going out for many elves to jump right in and help as it takes a congregation to make this happen.

Below are the first jobs to tackle:

- **Traveling Bazaar:** We have a spot again at the Gallery of Arts and Crafts at the high school on Saturday Nov. 26th to sell Traveling Bazaar tickets. Anyone interested in helping here please see Gayle Ruscitti or Mary-Ellen Yaroshefski. Beth Moeller, Traveling Bazaar chair, is still looking for donations for raffles. Please contact her as soon as possible if you can contribute a prize or two.
- **Hazel's Café:** Think waitresses/waiters. Please donate some time to this busy area – many folks are needed for this to run smoothly.
- **Busy Fingers Table:** This table is calling on all crafters, knitters, sewers, jewelry makers. Whatever you make, it's needed for this table. See the Busy Fingers article in this newsletter.
- **Set-Up & Breakdown** – John Ellis is the contact person.
 - Café walls: Stay Tuned!
 - Tables, etc.: Sunday November 27th, following 10 am service.
 - Breakdown: Sunday December 4th, following the 10 am service.

As you can see there's a lot to do and think about already.

Please contact me, Gayle Ruscitti, at Christmas.fair@trinitychurchmilford.org.

Much more info is still to come. I'm excited aren't you?

Please bake, donate, volunteer and help out with all the fun.

Thanks Everyone,
Gayle Ruscitti
Head Elf



COMMUNITY DINNER

Trinity Church serves free dinners twice a month in a clean, pleasant, and friendly environment.

Anyone who is hungry or lonely is welcome. There are no eligibility requirements. All are welcome to come enjoy fellowship with a satisfying meal.

Our upcoming dinners will take place on November 25th and 30th. If you are interested in helping prepare and serve the dinner, please contact community.meal@trinitychurchmilford.org for how to serve in this meaningful mission.



Thanksgiving Baskets

If you know of anyone who needs help this Thanksgiving with the ingredients for a Thanksgiving Dinner, please contact the office – all requests are kept confidential.

Slips for items needed for Thanksgiving baskets will be available Sunday, October 30th. If you take a slip (or two), please purchase the item(s) indicated and return the non-perishable ingredients – **with the slip attached** – anytime before 11am on Sunday, November 20th. Please bring in turkeys and perishable items on the 20th so we can sort and assemble the baskets after the 10am service.

Any help with this and/or help with deliveries would be greatly appreciated!



THANKSGIVING MEAL DELIVERIES

Each year Jean's Catering on Central Street prepares hundreds of hot Thanksgiving Meals for members of our community. Trinity will once again be teaming with parishioners from St. Mary's to deliver these hot meals.

To help out on Thanksgiving Day, just show up at Jean's Catering, 100 Central Street, at 11:15 (you will see folks lined up to receive meals to deliver), and you'll be given a name, address & driving instructions for your delivery.

If you, or a person or family you know of, need(s) a hot Thanksgiving meal please contact the Trinity office by noon on Monday, November 21st with the information. The recipient(s) do not have to be members of St. Mary's or of Trinity.



CHANGE THE BABIES

Have you seen the tall white cans around the church but maybe haven't had a chance to read what's on them?

Perhaps you saw articles in the Diocese's "Abundant Times", or in their "Mission Matters" emails that spoke about the Mampong Babies Home in Ghana.

These cans are for collecting change for the Mampong Babies Home. This is a home where babies are taken care of because their mothers have died. The babies remain there until they are about 4 or 5 years of age, when their families are then able to take care of them. At any time, there are between 35 to 40 babies there.

It costs \$1500 per year to care for just one baby. That's what it costs for the basics, it does not include the salary of the round-the-clock care they get.

The Diocese put out a challenge to the congregations to provide for the care of a baby for 5 years. Yes, that's the challenge, to collect \$1500 a year, for five years. Trinity has committed to the challenge, and that's why the cans are out.

You may already be collecting your dimes or nickels for your UTO box, and perhaps you're putting quarters into the Laundry Love bottle. Please consider putting some change into the 'Change the Babies' cans, even if it's just your pennies, every little bit helps. If you have already been putting coins in the can, thank you!



The next ROMEO's luncheon will be on Friday, November 4th, and will be held at Jr's Diner, 296 Main Street, at 12:30pm. If you are interested in attending the November luncheon, please contact Dave Clinkman at romeos@trinitychurchmilford.org by November 2nd so we can plan accordingly.

David Clinkman has been hard at work arranging special guest speakers for our recent ROMEOs lunches. If you have a topic you would like to have presented (or present) let David know!

The Milford Regional Medical Center included the following picture and article in their recent **Connection**:



Healthcare Chat

Urologist Jeffrey Steinberg, MD, took some time out of his busy day to meet up with a men's group [our ROMEOs] at lunch to discuss men's health issues. Pictured left to right: Leonard Baird, Touie Jackson, Richard Davis, Dr. Steinberg, Henry C. Leverock and David Clinkman.



Scouting for Food Donations to be Picked Up November 5th and 6th.

Milford's Annual Scouting for Food is preparing to kick off once again and is looking for charitable residents to donate what they can in order to help local families who are struggling to make ends meet.

The Scouting for Food has been a tradition in Milford for more than 25 years and once again is asking residents to fill up bags of nonperishable food items and paper goods in an effort to stock the shelves of the Daily Bread Food

Pantry which serves Milford, Hopedale, and Upton.

Trinity was one of the six churches who joined together to found the Daily Bread Food Pantry in 1991. The Pantry is run totally by volunteers and is funded by donations of food and money from local churches, businesses, civic groups and individuals.

The Food Pantry sees its usage peak between the months of November through January. As a result, the success of the Scouts' food drive is critical.

This year's Scouting for Food kicks off on Saturday, November 5, when local scouts and other volunteers walk throughout Milford placing door reminders on homes so they don't forget to fill up a bag (or bags) of much needed items for individuals and families who are struggling financially. The bags will be picked up on Sunday, November 6, and should be left in a visible location by 11:30 am.

We are encouraging Healthy Donations including:

- ✓ Whole grains including brown rice, whole-wheat pasta, quinoa, whole grain crackers, or whole grain bread
- ✓ Whole grain cereals with no more than 6 grams of sugar per serving including plain oatmeal and boxed cereals
- ✓ Gluten free grains, breads, or cereals are welcome
- ✓ Canned fruit packed in 100% juice
- ✓ Canned vegetables, beans, or pasta sauces low in sodium
- ✓ Hearty soups low in sodium such as lentil, minestrone, black bean, or turkey chili
- ✓ Dry beans such as lentils, kidney beans, or black beans
- ✓ Peanut butter, Sun Butter (for people with allergies), nuts or seeds (such as almonds, walnuts, or sunflower seeds)
- ✓ Olive or Canola oil
- ✓ Beverages including bottled water, 1% or skim plain milk in individual size containers, 100% fruit juice boxes (less than 8 fl oz each), coffee, or tea
- ✓ Personal hygiene products including disposable razors, toothbrushes, toothpaste, bars of soap, shampoo, deodorant, combs, brushes, feminine products
- ✓ Household products including two-ply toilet paper, napkins, paper towels, laundry detergent, and dish soap

This list was created by the Hockomock Area YMCA's Healthy Futures Initiative in partnership with registered dietitians at Jewish Family & Children's Service.

As a reminder, no glass or home canned items, and please check expiration dates before donating.

The Food Pantry is already looking toward the holiday season and is hoping to provide in need families with turkey dinners for Thanksgiving. One of the best ways for people to assist with that effort is to donate gift cards to help purchase the turkeys.

For more information, contact the Daily Bread Food Pantry at 508-478-4225.



TUESDAY, NOVEMBER 8th

A reprise of last year's Trinitarian Election Day reminder:

While walking down the street one day a Corrupt Senator was tragically hit by a car and died.

His soul arrives in heaven and is met by St. Peter at the entrance.

"Welcome to heaven," says St. Peter. "Before you settle in, it seems there is a problem. We seldom see a high official around these parts, you see, so we're not

sure what to do with you."

"No problem, just let me in," says the Senator.

"Well, I'd like to, but I have orders from the higher ups. What we'll do is have you spend one day in hell and one in heaven. Then you can choose where to spend eternity."

"Really? I've made up my mind. I want to be in heaven," says the Senator.

"I'm sorry, but we have our rules."

And with that, St. Peter escorts him to the elevator and he goes down, down, down to hell.

The doors open and he finds himself in the middle of a green golf course.

In the distance is a clubhouse and standing in front of it are all his friends and other politicians who had worked with him.

Everyone is very happy and in evening dress. They run to greet him, shake his hand, and reminisce about the good times they had while getting rich at the expense of the people.

They play a friendly game of golf and then dine on lobster, caviar and the finest wines and champagne.

Also present is the devil, who really is a very friendly guy who is having a good time dancing and telling jokes.

They are all having such a good time that before the Senator realizes it, it is time to go.

Everyone gives him a hearty farewell and waves while the elevator rises.

The elevator goes up, up, up and the door reopens in heaven where St. Peter is waiting for him, "Now it's time to visit heaven..."

So, 24 hours passed with the Senator joining a group of contented souls moving from cloud to cloud, playing the harp and singing. They have a good time and, before he realizes it, the 24 hours have gone by and St. Peter returns.

"Well, then, you've spent a day in hell and another in heaven. Now choose your eternity."

The Senator reflects for a minute, then he answers: "Well, I would never have said it before, I mean heaven has been delightful, but I think I would be better off in hell."

So St. Peter escorts him to the elevator and he goes down, down, down to hell...

Now the doors of the elevator open and he's in the middle of a barren land covered with waste and garbage.

He sees all his friends, dressed in rags, picking up the trash and putting it in black bags as more trash falls to the ground.

The devil comes over to him and puts his arm around his shoulders.

"I don't understand," stammers the Senator. "Yesterday I was here and there was a golf course and clubhouse, and we ate lobster and caviar, drank champagne, and danced and had a great time. Now there's just a wasteland full of garbage and my friends look miserable. What happened?"

The devil smiles at him and says,

"Yesterday we were campaigning,

Today, you voted."

Tuesday, November 8th is Elections Day – Exercise your right to vote!

Study the candidates and the issues and vote wisely!



If you are traveling and visit another church or parish, please let me know, providing the name and location of the church, as well as the date(s) visited. We are going to be adding a monthly column, showing where our parishioners travel, and where they worship when they are away from Trinity.

Also, when you visit another church while away, please bring a copy of the bulletin for Fr. Mac.

Joanne Buerger



DAYLIGHT SAVINGS TIME ENDS

Don't forget to set your clocks BACK one hour before going to bed on Saturday, November 5th.



Here at Trinity, our emphasis on fellowship finds expression in a variety of contexts. It is not unusual for our coffee hour to last for more than an hour. This is partially due to the nature of our coffee hour, which is an opportunity to talk and listen as friends and members of a family.

Coffee Hour is held every Sunday after worship in the Parish Hall. This is the time and place where the worshipping community gathers not just to drink coffee and chat, but also to build and strengthen Christian fellowship, particularly with visitors. No one is a stranger here. By sitting down at tables with different people from week to week, a visitor or new member will find he or she is able to quickly get to know our active members.

We have a wonderful group of volunteers who help to make this fellowship possible. If you would like to assist with this ministry, please contact Debi O'Toole (8am Coordinator) or Audrey Kerxhalli (10am Coordinator) by leaving a message at the church office.

NewsLetter
DEADLINE

Just a reminder that the deadline for submissions for the December edition of *The Trinitarian* is November 15th. All articles should be sent to:

news@trinitychurchmilford.org



PARTING THOUGHTS FROM THE EDITOR

Jacob was a cheater, Peter had a temper, David had an affair, Noah got drunk, Jonah ran from God, Paul was a murderer, Gideon was insecure, Miriam was rebellious, Martha was a worrier, Thomas was a doubter, Sarah was impatient, Elijah was depressed, Moses stuttered, Zaccheus was short, Abraham was old, and Lazarus was dead...

God doesn't call the qualified, He qualifies the called!

Joanne Buerger

Editor

news@trinitychurchmilford.org



November 2016

Tuesday, November 1

All Saints' Day
 6:30am Networking Meeting
 12pm AA Meeting
 6:30pm Tai Chi
 7pm Finance Committee
 7:30pm Choir Rehearsal

Wednesday, November 2

9am Eucharist & Fellowship
 12pm AA Meeting
 6pm Children with Special Needs Support Group

Thursday, November 3

2pm Cadette Girl Scout Meeting
 5pm Laundry Love
 6pm Cooking Matters
 6:30pm Yoga Class

Friday, November 4

10am Painting Class
 12:30pm ROMEO's

Saturday, November 5

8:30am Al-Anon
 9am Humanitarian Aid Meeting
 10am Girl Scout Meeting
 5pm Worship Service

Sunday, November 6

25th Sunday after Pentecost
 8 & 10am Worship Services
 9am Youth Group
 9:15am Choir Rehearsal
 9:45am Sunday School
 11:30am Confirmation Class

Monday, November 7

6pm Senior Girl Scouts Meeting
 6:30pm AA – Women's Meeting
 6:30pm Al-Anon – Group Reps
 8pm Al-Anon

Tuesday, November 8

6:30am Networking Meeting
 12pm AA Meeting
 6:30pm Tai Chi
 7:30pm Choir Rehearsal

Wednesday, November 9

9am Eucharist & Fellowship
 10am Staff/Leadership Meeting
 12pm AA Meeting

Thursday, November 10

6pm Cooking Matters
 6:30pm Yoga Class

Friday, November 11

10am Painting Class

Saturday, November 12

8am Fall Clean Up
 8:30am Al-Anon
 5pm Community Thanksgiving Evensong
 6pm Community Thanksgiving Dinner

Sunday, November 13

26th Sunday after Pentecost
 8 & 10am Worship Services
 9am Kitchen Crew Meeting
 9:15am Choir Rehearsal
 9:45am Sunday School
 2pm Smitten with Knittin'

Monday, November 14

6:30pm AA – Women's Meeting
 7pm Vestry Meeting
 8pm Al-Anon

Tuesday, November 15

Newsletter Deadline
 6:30am Networking Meeting
 12pm AA Meeting
 6:30pm Tai Chi
 7:30pm Choir Rehearsal

Wednesday, November 16

9am Eucharist & Fellowship
 12pm AA Meeting
 5pm Laundry Love
 5:30pm Children with Special Needs Support Group

Thursday, November 17

2pm Cadette Girl Scouts Meeting
 6pm Autism Resource Ctr
 6:30pm Yoga Class

Friday, November 18

10am Painting Class
 6pm Cooking Matters

Saturday, November 19

8:30am Al-Anon
 10am Girl Scouts Meeting
 5pm Worship Service

Sunday, November 20

Last Sunday after Pentecost
Christ the King
 8 & 10am Worship Services
 9am Youth Group
 9:15am Choir Rehearsal
 9:45am Sunday School

11am Organ Committee
 11:30am Confirmation Class

Monday, November 21

6pm Senior Girl Scouts Meeting
 6:30pm AA – Women's Meeting
 8pm Al-Anon

Tuesday, November 22

6:30am Networking Meeting
 12pm AA Meeting
 6:30pm Tai Chi
 7:30pm Choir Rehearsal

Wednesday, November 23

9am Eucharist & Fellowship
 12pm AA Meeting

Thursday, November 24

Thanksgiving
Church Office Closed
 11am Deliver Hot Thanksgiving Meals (Jean's Catering, 100 Central St., Milford)
 4:30pm Community Dinner
 6:30pm Yoga Class

Friday, November 25

4:30pm Community Dinner

Saturday, November 26

8:30am Al-Anon
 5pm Worship Service

Sunday, November 27

1st Sunday of Advent
 8 & 10am Worship Services
 9:15am Choir Rehearsal
 9:45am Sunday School

Monday, November 28

6:30pm AA – Women's Meeting
 8pm Al-Anon

Tuesday, November 29

6:30am Networking Meeting
 12pm AA Meeting
 6:30pm Tai Chi
 7:30pm Choir Rehearsal

Wednesday, November 30

St. Andrew Apostle
 9am Eucharist & Fellowship
 12pm AA Meeting
 4:30pm Community Dinner



TRINITY EPISCOPAL CHURCH

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Email (Fr. Mac) rector@trinitychurchmilford.org
Web www.trinitychurchmilford.org
Worship Schedule Saturday, 5pm
Sunday, 8am and 10am
Wednesday, 9am

November, 2016