



THE NEWSLETTER OF TRINITY EPISCOPAL CHURCH

The Trinitarian

September, 2016



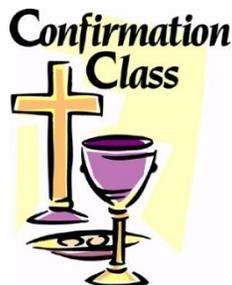
MUSINGS FROM FR. MAC

Next month, Sunday October 16th will mark the tenth anniversary of my arrival at Trinity. I am humbled by the level of love and support you have provided to Merline and me over these past ten years. We have welcomed new members (145 Baptisms and Receptions), Confirmed Baptismal vows (57) and bid farewell (145 burials). We have started new ministries and let go of others. This summer we fed over 6,000 children and our end-of-the-month community meals are seeing record attendance (over 120 meals served this past Thursday night).

This newsletter is filled with information about exciting programs and opportunities for ministry! Read and learn about the incredible work **you** are doing!

The bottom line – it takes all of us to make it happen! You continue to support the mission and ministry of Trinity in ways that make a profound difference in the lives of our children, our families, our seniors, our singles, our friends and our neighbors. Look and see what makes your heart sing.

Blessings and Peace,
Fr. Mac



We are starting a Youth Confirmation Class for all who would like to affirm the baptismal vows when Bishop Fisher visits Trinity in the spring of 2018. The class is intended for all teens between 13 and 17.

We will meet from 11:30am till 1pm on the same Sundays as the Youth Group meetings (first and third Sundays of the month).

Class sign-up will be at the Picnic following the 10am service on September 11, and our first meeting will be a field trip to the Cape Cod Canal following the 10am service on September 18.

Let Fr. Mac know if you are interested in joining the class.



In the past, we have had both a Jr. Youth Group as well as a Sr. Youth Group. This year we are going to combine the two groups. We have an exciting new curriculum that promises to be engaging and a good jumping off point for the bi-weekly meetings – the first and third Sundays of the month from 9 – 10am.

Signup on Sunday, September 11 at the parish picnic!



The start of school and the blessing of the backpacks on Sunday, August 28th signaled the start of choir season and Trinity Choir's return to the chancel of the Church.

Trinity Choir rehearses Tuesday nights at 7:30PM until about 9:00PM and leads the congregation in worship most Sundays from late August until mid-June supporting the congregational singing and singing at least one anthem each week. The music corresponds to the liturgical season and comes from a variety of traditions.

To qualify for Trinity Choir, one only needs to be able to carry a tune and enjoy singing. **It is NOT necessary to have the ability to read music!** Rehearsals are structured in a way to make the experience rewarding for all choir members regardless of their musical skills. The choir has members with a wide range of musical abilities, and all members contribute in his or her special way.

Sunday, September 4th, provides you an opportunity to “test the waters” by immersing yourself in the choral world of Trinity Choir with minimal risk and commitment. Simply appear in the Church chancel at 9:15AM to prepare the service music, the hymns, and an easy anthem. Please join us and sense the rewarding experience of providing an important part of worship.

Please contact Randy Bloom at music@trinitychurchmilford.org or leave a message at the church office if you have questions about the music program at Trinity.



INGATHERING @ CONVENTION

Each year at our annual Diocesan Convention (October 27th and 28th this year), all the churches of the diocese present their UTO offerings at the Convention Eucharist.

Please bring your UTO boxes to church so that we can include them in the offering!

Yours in Christ,

*Touie Jackson and
Ginny Starkis*
Trinity UTO Coordinators



SAFE CHURCH WORKSHOP

Our own Peach Warren will be leading a Safe Church workshop for all Trinity volunteers and vestry members on Wednesday, October 12th from 6-9pm. Safe Church training is required for all church volunteers who work with children and youth (Sunday School Teachers, Nursery Room Volunteers, Youth Group Leaders, VBS volunteers, etc.), and also for Eucharistic Visitors.

Please sign up on the sheet on the bulletin board at the top of the stairs.



Financial Report as of July, 2016
Operating Income: \$125,492
Operating Expenses: \$156,305
Net: (\$30,813)

Pledge Actual: \$106,202
Pledge Budget: \$114,000
Net: (\$7,798)

Prayer for Provision:

Most gracious and generous Father, who gives us each day our daily bread, You have called this parish family to love You, to love our neighbors, and to love one another. We look to You to provide all the resources necessary to fulfill that call, whether they be spiritual gifts, human time and talents or material goods. Thank You for meeting all of our needs through Your riches in Christ Jesus our Lord; who with You and the Holy Spirit lives and reigns now and forever. Amen.



Have you ever been interested in the Altar Guild or wondered what the duties are?

Members of the Altar Guild prepare for the weekly services by polishing the brass, setting the altar for communion, taking care of the linens and other duties, as well as preparing for Easter, Christmas, Baptisms and other services. If you are interested in learning more about what we do and possibly joining our group, please see me or any member of the Altar Guild. Anyone who does decide to join is paired with another member for training. Please note, men are also invited to join, the guild is not a 'women only' group!

Maryellen Yaroshefski



The following bullets, taken from an article '50 Ways to Welcome New People' by the Lewis Center are great reminders of ways we can help create an inviting and welcoming church for our visitors and potential new members.

Recognize hospitality as a ministry

- Teach that hospitality is at the core of the Gospel.
- Teach your congregation to honor Christ in everyone and that God seeks to be in relationship with ALL persons.

Make a good first impression

- Know that 40% of visitors make up their mind about a church before they even see the pastor, according to Barna Research. Within two minutes of the beginning of a service visitors have formed an opinion about whether the congregation is friendly.
- Care for your building and grounds as a way of honoring your attendees and honoring God. A well-cared-for building demonstrates a commitment to excellence and communicates that what the church does is important.
- Have clear exterior and interior signage that guides visitors everywhere they need to go.

Be intentional about saying hello and goodbye

- Identify your greeters and ushers with a special badge or name tag so visitors who need information can easily identify them.
- Escort newcomers to the nursery, classrooms, coffee hour, etc. Don't just point the way or give directions.
- Enact the "circle of ten" rule — that each member will greet anyone, member or guest, who comes within ten feet of them.
- Say, "I don't think we've met before..." if you are not sure if the person next to you is a member or a visitor.

*This article is reprinted by permission from *Leading Ideas*, a free e-newsletter from the Lewis Center for Church Leadership of Wesley Theological Seminary and available at churchleadership.com.*

Ann Toffey



WELCOME BACK BARBECUE

Please mark your calendars for Sunday, September 11th, when we will hold our annual Welcome Back BBQ. The festivities will begin after the 10AM service. Our friends from the Methodist Church will attend, as well. If you will be attending, please bring a dessert to share.



OIL PAINTING CLASSES COMING TO TRINITY

If you are interested in learning how to paint, or if you already know how to paint, but need some refresher instruction to jog the memory. **Then this is for you.**

Beginning on Friday, September 16, 2016, a group of very friendly ladies and gentlemen will be gathering in the parish hall every Friday from 10am to noon to paint and gather together for some stress free enjoyment. We paint every Friday from September to the Friday before Thanksgiving. There will be no classes from then until March. We take the winter months off.

Our leader is Sal Ferreira. The class is designed for those with limited, or no experience in oil painting. The instruction is individualized with classes kept small and an emphasis on personal style development.

If you are interested in joining this wonderful group of artists, please leave a message at the church office for Sal before Friday, September 9th. He will get back to you and explain the class and what supplies you will need before we actually begin.

There is no cost for the classes; the only cost will be for your supplies. So, if you are even a little bit interested in attempting this, please contact Sal. You will be so glad you did.

Hope to see you on the 16th.

Arlene Person



BEING SENT OUT

Have you ever appreciated that at the end of our weekly worship how we are sent out into the world by the priest or a deacon to “go in peace to love and serve the Lord.” Our joyful response is always “Thanks be to God.” In our time of worship, we have come together to pray, share in God’s peace, give thanks, learn, listen and be strengthened for the week to come through the gift of our community that is Trinity in Milford.

My time has come to be sent out into the world in new ways by you, my parish family. I have to venture beyond my home that is Trinity to learn to be present in different capacities as a part of my formation to become a deacon. In September, after I return from travel with Paul, I will be attending and working with the congregation of St. Stephen’s in Westborough.

Yes, I will be in strange lands with new people but the gifts of strength and courage that you have instilled in me allows me to venture forth. You have helped me to grow in countless ways and must now let me out to be in the wider world. I liken this to the time a child is going off to college: there will be a sense of loss and emptiness that is countered with a joyful excitement on both sides for the young adult departing and the parents who remain behind.

As I reflect on my time at Trinity, I find myself appreciating that Trinity is truly my spiritual home. This is the place where God invited me into a deeper relationship with the Trinity: Father, Son and Holy Spirit along with a special community. When I am asked where I grew up I naturally answer Boston as this is where I attended elementary, middle and high schools as well as lived and played. But then immediately I realize that Trinity is where I have

grown in my faith journey. Thank you for allowing this gift to come to me. I would not be where I am today without the support and love of such a special community.

Thank you for all that you have done to help me grow in my time at Trinity and allowing me to participate in all the ways that I have these past many years. Words fail me at this time but please know that my thanks come from the core of my being.

Trinity will always be my home parish. It will be a place where I will always feel at home even when I visit. I will miss seeing you all on a regular basis. This is not a farewell but rather a so-long. I am not moving from Hopedale, so I am still in the area. I know I will catch up with you from time to time and at various parish events.

In Peace,
Beth Washburn



SUMMER LUNCH PROGRAM

The summer free-lunch program at Trinity Church, Memorial School, and the Milford Youth Center has almost come to an end. By the time you read this, it will be over and we will be looking at changes and improvements to implement for next year. In the beginning we served very few children; some days only the children of volunteers attended. But even then there was magic. Tables were set up with games and activities where teenagers, adult volunteers, and children interacted amid laughter and conversation. Some parents stayed and joined the activities as well. The atmosphere was cozy and welcoming.

Ongoing efforts were made to attract more families to the program. Signs were posted and fliers were distributed throughout the neighborhood and among various agencies in town. At Laundry Love parents were told about the program and from those conversations a connection was made with Creative Community Child Care, a church-based daycare without federal or state funding to serve lunch. A large group of children and their teachers started walking over to Trinity and Memorial to enjoy lunch and to play. Residents from the neighborhood come as well. With a crowd the magic intensified. The food, the games, the crafts, and the volunteers all made lunchtime fun and memorable. As the program comes to a close for this year, we have served over 6,200 lunches!

Among the three sites more than 100 volunteers donated their time. Volunteers included individuals from Milford and surrounding towns, church groups, and businesses and organizations such as the hospital. It was an impressive contribution and commitment. The lunch program has been a true collaboration within the greater Milford community that has benefitted all the participants by providing an opportunity to share and to get to know one another.

Mary Johnson, Ginny Starkis and Beth Washburn
Trinity's Lunch Supervisors



CHRISTMAS FAIR BASKET TABLE

Anyone wishing to help by donating an item or two for our baskets, please contact June Jones at prayer.shawl@trinitychurchmilford.org for the list, or a message can be left at the church office. Also, cash donations are most welcome and greatly appreciated. Thank you very much!



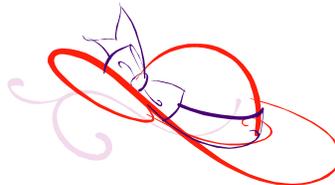
LOVING THE QUESTIONS

"Loving the Questions" is for all members of our Diocese who want to explore God's call to ALL baptized persons, to grow deeper in discipleship by discovering how particular life experiences, individual gifts and passions connect with God's Mission! "Loving the Questions" hopes to offer opportunities for reflection and self-exploration, spiritual practice, and creative ways to think about areas of ministry, both in congregational life and in the world "outside the walls."

The "Loving the Questions" program will begin its second year with an opening retreat September 24-25 at Adelynrood Conference and Retreat Center.

Complete information about the program can be found on the diocesan website as well as in the LtQ brochure (copies available in the Parish Hall).

If you have questions about the "Loving the Questions" program, please contact Robin Carlo, Missioner for Spiritual Formation (spiritualformationwma@gmail.com) All other concerns related to the Commission on Ministry may be directed to the Rev. Nancy Baillie Strong (nbs5354@msn.com).



FROM THE EDITOR: LETTERS TO THE EDITOR

A Church goer wrote a letter to the editor of a local newspaper and complained that it made no sense to go to church every Sunday. He wrote: "I've gone for 30 years now, and in that time I have heard something like 3,000 sermons, but for the life of me, I can't remember a single one of them. So, I think I'm wasting my time, the preachers and priests are wasting theirs by giving sermons at all".

This started a real controversy in the "Letters to the Editor" column. Much to the delight of the editor, it went on for weeks until someone wrote the following: "I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this: They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!"

Remember: When you are DOWN to nothing, God is UP to something! Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical and our spiritual nourishment!

Joanne Buerger
Editor



NEW PRAYER TEAM

The healing prayer that has been offered at the altar rail on first Sundays is changing. We now have five people who have volunteered to be prayer partners. We would always welcome more people. Two people from the team will be available in the narthex during the 8am and 10am every other week right after communion. People can walk back and share their prayer concerns. The start date is still to be determined.

Some people have been hesitant about the phrase "Healing Prayer". It sounds too holy or it is something that only happened in the Bible, not in real life. I am going to quote the reading from Forward Day by Day for June 29th, 2016; it gives us a different perspective on healing: "A work dearly and deeply held within the heart of God is healing. But healing is needed on many different levels across the whole of creation. We need physicians and counselors, but also need those who are called to help heal cultures and societies. We need ecological healers so that we can learn to better care for the created world and maintain healthy and dynamic ecosystems. Our economic systems are also in desperate need of healing, on a global and local level. Families need healing; systems need healing. The mind, body, and spirit need healing. We are all called to be healers, whatever our work, whatever our vocation. When we begin to see our work as the work of healing, then the texture of our tasks changes. You are a healer. You are a healer in every context of your existence. See yourself in this way, and let that truth change you and transform our world."

LAUNDRY LOVE

Laundry Love (LL) is going strong. We celebrated the one year anniversary in June. When Trinity started this program, we gave abundantly. We were able to wash so many loads for so many people. We were able to meet a lot of people at the laundromat and were able to get to know them better because we see the same people once or twice a month. We were able to provide this service and meet these people because Fr. Mac primed the "financial pump" with money from the discretionary fund. For that we thank God and Fr. Mac.

Now Laundry Love is supported by funds that are in the Trinity budget and from generous donations from the owners of the laundromats, citizens of Milford and people who have been doing their laundry during LL.

In our second year the LL team has decided to set limits on how much money each adult can receive at each LL event. It has gone well. The first night in July at Double Bubble we spent \$283. People gave back \$57 in quarters that they did not use. The second evening at EZ we spent \$456.75. We actually ran out of money by 7pm (we usually have been able to stay and pay until 9pm), We stayed until 8pm and gave out soap pods, dryer sheets and laundry bags. Most of the people were appreciative and understood that we chose to set limits to our spending. We were able to see many new faces and we helped new families. Word of mouth has spread about this wonderful gift that we are able to provide for people. For this we thanks God, our volunteers, the vestry and so many other people.

HEALING MEALS COOKING PARTY

SAVE THE DATE: On Saturday, October 1st there will be a cooking party starting at 10am. New volunteers are always welcome to chop, peel and help whip up about 50 Healing Meals to stock the freezer. No RSVP needed. No prior experience required. If you're picky about a good knife or peeler please bring your own; the church has quantity, not quality.

EPISCOPAL HEALTH MINISTRY CONFERENCE

Trinity's Parish Nurse & Lay Pastoral Associate (me) Mary Johnson, is going to attend the Episcopal Health Ministry conference in Carmel, Indiana from September 14 to 16. I will be presenting a workshop entitled *Talking About End of Life: When People Want to Avoid the Topic*. The purpose is to increase people's understanding of the importance of talking about end of life issues prior to the event in order to empower patients and families.

In my chest beats the heart of a hospice nurse. I have been able to make the dying process seem "normal" to a lot of people. My goal is to make end of life discussions seem less scary and focus on making sure the people who love you (and are likely the ones who will be making decisions for you) know what you want. So that when you are not able to speak for yourself they know what decisions to make. Don't make them read your mind. Tell them what you want now. And put it in writing. They will thank you for it.

BLACK AND BLUE: A SERVICE OF UNITY FOR A BRUISED AND HURTING NATION

A peace rally was held on July 25th. A crowd of about 50 people gathered in Hopedale near the pond and then traveled to Cedar Swamp Pond in Milford. The service was led by clergy from three churches and attended by a selectman from Hopedale as well as police from Hopedale and Milford.

We gathered in peace remembering that this nation has known violence that has killed and harmed police and civilians. As part of the service we tossed rocks into both ponds and prayed that the ripples caused by the rocks would spread justice and hope beyond the pond and into the world.

Mary Johnson
Parish Nurse



FROM BISHOP FISHER – HOLY CONVERSATIONS ABOUT RACE

In our Baptismal Covenant, we promise to seek and serve Christ in all persons and to respect the dignity of every human being. We recognize that although we seek to embody Jesus' kingdom of justice and peace in our churches and communities, we still have a long way to go. Often we're not sure how to make a difference.

Whether you are a beginner on the path or well along the journey, you are invited to a new spiritual formation opportunity on Saturday September 24, 2016 from 9am to 3pm at All Saints' Episcopal Church in South Hadley.

We'll share the sacred stories, Biblical and personal, drawing us toward transformation; explore the Episcopal Church's complex history on racial justice; and navigate some of the deeper waters of systemic racism and white privilege.

Our day will include prayer, presentations, small group discussions, short videos, lunch, and Holy Eucharist. Each parish is encouraged to send at least one clergy or lay leader, and group size is limited, so please register early! Fr. Mac is attending and would love to have a few parishioners join him. Childcare and/or a children's component is available with participant interest.



10 REASONS TO BRING YOUR CHILD TO SUNDAY SCHOOL

While sleeping late can be nice, have you considered the benefits of Sunday School attendance for your child. Here are 10 reasons to make it a priority in your family.

- 1. Age Targeted Teaching:** Where else can your children get Biblical instruction that's focused toward their developmental abilities?
- 2. Friends:** In Sunday School, your child will build positive friendships with their peers by discovering God's Word together.
- 3. It's Fun:** Sunday School is not Disneyland, but our teachers do work hard to teach the Bible in ways that are relevant and fun for kids.

- 4. Spiritual Mentors:** A dedicated teacher can be a Christian role model who supports you and helps inspire the faith of your child.
- 5. Systematic Bible Learning:** Our curriculum is designed to give a broad foundation, so children will understand how all the parts of Scripture point to Christ.
- 6. Praying Teachers:** Our teachers consistently pray for your child's faith to grow. Coming to Sunday School gives another occasion for God to answer those requests.
- 7. Big Reward for a Small Investment:** If you're already coming to church, just come a little earlier. That one change will equal over 800 hours of additional Christian teaching before your child graduates.
- 8. Send the Right Message:** Making Sunday School a priority shows your children that God's Word really does matter more than pillow-time.
- 9. Adult Fellowship:** While the children enjoy their class, you can fellowship with other adults in the parish, building friendships.
- 10. You'll Be On Time:** Families who come to Sunday School always get to worship on time. It's the easiest way to avoid being late.

Registration for the 2016/2017 Sunday School year will take place during our Welcome Back Picnic on September 11. Sunday School will start on Sunday, September 18.



SMITTEN WITH KNITTIN' RESUMES

Our next dates are Sundays September. 25th, October 16th, and November 13th, from 2pm to 4pm at the home of June Jones. Come join the fun! If you have questions, or would like more information, please contact June at prayer.shawl@trinitychurchmilford.org.

We're looking forward to seeing everyone.



BUSY FINGERS TABLE FOR THE 2016 TRINITY EPISCOPAL CHURCH FAIR

Please help the Busy Fingers Table for the 2016 Trinity Episcopal Church Fair by donating "handmade/crafted" items.

We extend an invitation to all who enjoy making things with their hands to consider making something to donate to our Busy Fingers table. We are fortunate to be able to have two tables to display all our articles at the 2016 Christmas Fair. In order to have a wide assortment of items to display and sell, we need many people to assist us by volunteering to make some handmade items.

Please consider donating your skills to the Busy Fingers Tables and perhaps adding a project to make to your "to do" list so that we can have a wide array of articles to offer for sale. The Christmas Fair will be here soon!

If you have any questions, please contact Gloria or Lucille at busy.fingers@trinitychurchmilford.org . Messages can also be left at the church office.

Thank you,
Gloria Falcone
Lucille Clinkman
Co-Chairs of The Busy Fingers Table



SYMBOLS OF CHRISTIANITY – SHIP

The Christian church has long been symbolized by a ship. While the Old Testament tells of Noah’s ark preserving righteous people during the flood, the New Testament recounts Jesus calming the storm that battered the disciples’ fishing boat. St. Ambrose described the church as a ship with the cross as its mast, and others have compared salvation to being drawn out of the sea of death into the safety of the church (ship). Indeed, many large churches are constructed to represent a big boat, with the main worship space called the nave — Latin for ship.



The next ROMEO’s luncheon will be on September 9th at the Willowbrook Restaurant in Mendon. Starting in October, the ROMEO’s luncheons will be held the first Friday of the month. If you are interested in attending the September luncheon, please contact Dave Clinkman at romeos@trinitychurchmilford.org, or by leaving a message at the church office by September 6th so we can make reservations for all who wish to attend.



AN INVITATION – ARE YOU READY TO FILL A BUCKET?

Greetings! Trinity Church is absolutely blessed with a Youth Group that is inquisitive, active, and engaged. We are looking for Youth Group Mentors to help guide this group over the next several months - we promise that it will be easy, and we know that you will receive so much more having taken part in this amazing ministry.

So what about the BUCKET? As I thought of ways to seek out mentors for our Youth Group I was reminded of the story of the Samaritan woman at the well. Although she offered her bucket and nourishment, what I see happening is that Jesus began to fill this woman’s bucket slowly by listening to her intently and engaging in meaningful conversation. Being a Youth Group Mentor is very similar – we listen intently (because our youth are always ready to share!) The easy part will be to fill their buckets - listening, sharing, and teaching. What I know

will happen though is that you will see the most extraordinary thing happening - our Youth will fill each other's buckets, sharing accomplishments, encouraging, praying for each other as they make their way through the normal and everyday struggles that they encounter. At the end of the day – your buckets will be overflowing – I promise.

In the past, we have had both a Jr. Youth Group as well as a Sr. Youth Group. This year we are going to combine the two groups. Also exciting is that we have a new curriculum, recommended by our diocesan youth missionary, that promises to be engaging and a good jumping off point for the bi-weekly meetings. Justin and I are at the ready with all the planning and prep work done, and we have a jam-packed schedule sure to keep our youth active and engaged.

I invite you to be part of this journey as a mentor to the youth at Trinity. We will be having an information and planning meeting, with a light dinner, on Saturday, September 10th following the 5pm service for anyone interested in taking part of this journey!

Faithfully,

Beth Moeller and Justin Varteresian



CHANGING LIVES, ONE PAIR AT A TIME

Trinity continues to participate in the local Lions Club eyeglass recycling program.

Anyone with eyeglasses, eyeglass cases, or gently used sunglasses that they no longer need, can put them in the collection box near the piano in the Parish Hall. Lions Club members will collect the used glasses and deliver them to the regional eyeglass recycling center, where volunteers clean, sort by prescription strength and package the glasses, which will then be donated to people in need. In just about any dresser drawer, one can find a pair of eyeglasses that are no longer being used. That same pair of eyeglasses can change another person's life. Imagine if you could help a child read, an adult succeed in his job, or a senior maintain her independence. Your donations will be greatly appreciated. Thank you.



VESTRY MEETING HIGHLIGHTS FOR JULY AND AUGUST

As always, the vestry minutes are available on our Trinity Church website. Here are a few of the highlights of the meeting:

Elaina Chambers, our youth vestry member led our July/August Vestry meeting. It was Elaina's last meeting before she heads off to Daniel Webster College.

James Jones invited the vestry to take action toward increasing the 20-30 year old age group

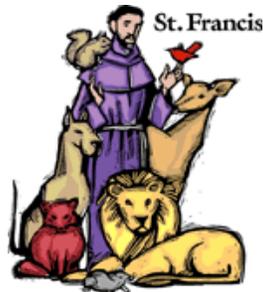
Discussion continued concerning the possibility of recruiting an associate rector with the goal of focusing on our Youth and Outreach ministries. Ideally we will look at a new seminary graduate to start in the summer of 2017 (with Fr. Mac postponing his sabbatical a year). It was pointed out that Trinity is the largest parish in the diocese without an associate.

Cathedral in the Night – Justin Varteresian is working with a group of area clergy to plan a Saturday morning service with a meal included. Cathedral in the Night is about fellowship and continuing to develop a faith based community.

Beth Washburn – Next Adventure – As a candidate for holy orders she has met with the commission on ministry and the standing committee and has been granted candidacy. So as she completes her training she will then be ordained a deacon. As a deacon she reports to the bishop and the bishop places deacons wherever he/she feels they are needed. The bishop has asked that the deacons in training begin to cut their ties with their existing parishes. [Hence Beth's article earlier in this newsletter.]

Nomination of Justin Varteresian to be a Postulant for Holy Orders (a path toward becoming an Episcopal Priest). The vestry discussed their desire to support Justin and has unanimously endorsed his call to Holy Orders. The vestry has passed that endorsement on to our Bishop and the diocesan Commission on Ministry.

Building Improvements – We have a complete new roof. Thanks to Dick Kosiba who was instrumental in supervising the job.



BLESSING OF THE ANIMALS

As autumn arrives, people in various places may notice something odd. A procession of animals, everything from dogs and cats to hamsters and even horses, is led to churches for a special ceremony called the Blessing of the Animals. This custom is conducted in remembrance of St. Francis of Assisi's love for all creatures.

On Saturday, October 1st (at 5pm) and Sunday, October 2nd (at the 8am and 10am services), Trinity will host our pet blessing. Bring larger creatures on leashes and smaller creatures in safe carriers. Come and honor Francis by honoring all of God's creatures. Emergency clean-up supplies will be located at each entrance to the church



The Community Dinner brings together groups of folks who may not otherwise interact with one another: youth and elderly, new residents and the homeless, singles and families, the poor and the well-off all dine together. Please join us! Our upcoming dinners will take place on September 28th and 30th. If you are interested in helping with the dinner, please contact communitymeal@trinitychurchmilford.org for how to serve in this meaningful mission.



Fall is approaching, which means many projects the Mission Committee is involved with will be starting. Please watch for future bulletin and newsletter announcements for information on Operation Christmas Child (Samaritans Purse's 'Shoebox' ministry), Thanksgiving Baskets, and Jesse Tree.

Please don't forget our on-going program, "Change the Babies," collecting change for the Mampong Babies Home in Kumasi, Ghana. Look for the canisters around the Parish Hall to donate.

Thank you,
Maryellen Yaroshefki
For The Mission Committee



Just a reminder that the deadline for submissions for the October edition of *The Trinitarian* is September 15th. All articles should be sent to: news@trinitychurchmilford.org



PARTING THOUGHTS FROM THE EDITOR – 12 STEPS FOR SELF-CARE

1. If it feels wrong, don't do it.
2. Say exactly what you mean.
3. Don't be a people pleaser.
4. Trust your instincts.
5. Never speak bad about yourself.
6. Never give up on your dreams.
7. Don't be afraid to say "no."
8. Don't be afraid to say "yes."
9. Be kind to yourself.
10. Let go of what you can't control.
11. Stay away from drama and negativity.
12. Love.

Joanne Buerger
Editor
news@trinitychurchmilford.org



**WHO YA GONNA CALL?
ABOUT ANY MINISTRY IN THE PARISH**

Please remember that all Trinity contact email addresses end “@trinitychurchmilford.org”.

Loving God and Each Other	Leader	Contact
Acolyte Scheduling	Terese Cook	acolyte.scheduling
Acolyte Training	Terese Cook	acolyte.training
Altar Guild	Maryellen Yaroshefski	altar.guild
Birthday Card Ministry	Carol Brutch	birthday.card
Building Maintenance	Paul Sweet	property
Children's Choir	Randy Bloom & Beth Stochaj	childrens.choir
Children's Ministry	Marybeth Sweet	sunday.school
Christmas Fair	Gayle Ruscitti & Maryellen Yaroshefski	christmas.fair
- Busy Fingers Table	Lucille Clinkman and Gloria Falcone	busy.fingers
Coffee Hour	8am Debi O'Toole; 10am Audrey Kerxhalli	coffee.hour
Community Dinners	Sharon Manoogian & Ruth Warner	community.meal
Confirmation Classes	Fr. Mac	confirmation
Covenant Committee	Mary Frances Best	covenant
Dominican Republic Mission	Fr. Mac	dr.mission
EfM	Fr. Mac	fr.mac
Eucharistic Ministers	Peach Warren	lem
Finance Committee	Cheryl Taylor	fincom
Girls Friendly Society (Scholarships)	GFS Committee	gfs
Grounds Committee	Dwight Kee/Sr. Warden	property
Healing Meals	Mary Johnson	parish.nurse
Lay Eucharistic Visitors	Mary Johnson	parish.nurse
Lay Readers	Peach Warren	lem
Membership Development	John Ellis	membership.development
Mission Committee	Andrew & Maryellen Yaroshefski	mission
Music	Randy Bloom	music
Newsletter	Joanne Buerger	news
Nursery/Child Care	OPEN	nursery
Office	Magee Lambert	office
Parish Nurse	Mary Johnson	parish.nurse
Parish Records	OPEN	records
Pastoral Care	Fr. Mac	Fr.Mac
Prayer Shawl Ministry	June Jones	prayer.shawl
Property Committee	Paul Sweet	property
ROMEO's	Dave Clinkman	romeos
Senior Choir	Randy Bloom & Mary Frances Best	choir
Sexton (Church Maintenance)	Paul Del Molino	sexton
Stephen Ministers	Fr. Mac	Stephen.ministry
Stewardship	John Ellis & Annie Toffey	stewardship
Treasurer	Cheryl Taylor	treasurer
Trinity Episcopal Church Women	Sarajane Duncan-Richter	tecw
Ushers	8:am Andrew Yaroshefski; 10am Justin Varteresian	ushers
UTO	Ginny Starkis	office
Vestry	Dwight Kee	senior.warden
Website Support	Steve Ketcham	webmaster
Welcoming Committee	Mary Torian	welcoming
Youth Group	Beth Moeller & Justin Varteresian	youth.group



September 2016

Thursday, September 1

5:30pm Laundry Love
6:30pm Yoga Class

Friday, September 2

Saturday, September 3

8:30am Al-Anon
5pm Worship Service

Sunday, September 4

16th Sunday after Pentecost
Healing Prayer after each Service
8 & 10am Worship Services
9:15am Choir Rehearsal

Monday, September 5

Labor Day
Church Office Closed
6:30pm AA – Women’s Meeting
6:30pm Al-Anon Group Reps
8pm Al-Anon

Tuesday, September 6

6:30am Networking Meeting
12pm AA Meeting
6:30pm Tai Chi
7:30pm Choir Rehearsal

Wednesday, September 7

9am Eucharist & Fellowship
12pm AA Meeting
5:30pm Children with Special Needs Support Group

Thursday, September 8

6:30pm Yoga Class
7pm Book Drop-In Group

Friday, September 9

12:30pm ROMEO’s @ Willowbrook

Saturday, September 10

8:30am Al-Anon
5pm Worship Service
6pm Youth Group Mentoring Informational Meeting

Sunday, September 11

17th Sunday after Pentecost
8 & 10am Worship Services
9am Kitchen Crew Meeting
9:15am Choir Rehearsal
9:15am Property and Finance Committee Meeting

11:30am Welcome Back BBQ
5pm DR Mission Trip Meeting

Monday, September 12

6:30pm AA – Women’s Meeting
7pm Vestry Meeting
8pm Al-Anon

Tuesday, September 13

6:30am Networking Meeting
12pm AA Meeting
6:30pm Tai Chi
7:30pm Choir Rehearsal

Wednesday, September 14

Holy Cross Day
9am Eucharist & Fellowship
10am Staff/Leadership Meeting
12pm AA Meeting
6pm Summer Lunch Volunteer Appreciation Reception

Thursday, September 15

Newsletter Deadline
6:30pm Yoga Class

Friday, September 16

9am Painting Class

Saturday, September 17

8:30am Al-Anon
5pm Worship Service

Sunday, September 18

18th Sunday after Pentecost
Sunday School begins!
8 & 10am Worship Services
9:15am Choir Rehearsal
9:45am Sunday School
11am Organ Committee Meeting
12pm ALGS Walk

Monday, September 19

6pm Sr. Girl Scout Meeting
6:30pm AA – Women’s Meeting
8pm Al-Anon

Tuesday, September 20

6:30am Networking Meeting
12pm AA Meeting
4:30pm Champion Youth Dance
6:30pm Tai Chi
7:30pm Choir Rehearsal

Wednesday, September 21

St. Matthew, Evangelist
9am Eucharist & Fellowship
12pm AA Meeting
5pm Laundry Love
5:30pm Children with Special Needs Support Group

Thursday, September 22

6:30pm Yoga Class

Friday, September 23

9am Painting Class

Saturday, September 24

8:30am Al-Anon
9am “Toward the Beloved Community”: Holy Conversations About Race
5pm Worship Service

Sunday, September 25

19th Sunday after Pentecost
8 & 10am Worship Service
9:15am Choir Rehearsal
9:45am Sunday School
2pm Smitten with Knittin’

Monday, September 26

6:30pm AA – Women’s Meeting
8pm Al-Anon

Tuesday, September 27

6:30am Networking Meeting
12pm AA Meeting
4:30pm Champion Youth Dance
6:30pm Tai Chi
7:30pm Choir Rehearsal

Wednesday, September 28

9am Eucharist & Fellowship
12pm AA Meeting
3pm Community Dinner

Thursday, September 29

St. Michael & All Angels
12pm Community Dinner
6:30pm Yoga Class

Friday, September 30

9am Painting Class
3pm Community Dinner



TRINITY EPISCOPAL CHURCH

17 Congress Street
Milford, MA 01757

Telephone 508-473-8464
Email (office) office@trinitychurchmilford.org
Email (Fr. Mac) rector@trinitychurchmilford.org
Web www.trinitychurchmilford.org
Worship Schedule Saturday, 5pm
Sunday, 8am and 10am
Wednesday, 9am

September, 2016