

Morning Prayer Wednesday June 3, 2020

The Visitation of the Blessed Virgin Mary [transferred]

The Invitatory and Psalter

You shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem, and in all Judea, and Samaria, and to the ends of the earth. [Acts 1:8]

The Confession

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will.

Amen.

Absolution

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Opening Versicle & Doxology

O God, let our mouth proclaim your praise. And your glory all the day long.

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Jubilate Psalm 100

Be joyful in the Lord, all you lands; *

serve the Lord with gladness and come before his presence with a song.

Know this: The Lord himself is God; *

he himself has made us, and we are his; we are his people and the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise; *

give thanks to him and call upon his Name.

For the Lord is good; his mercy is everlasting; * and his faithfulness endures from age to age. For as in Adam all die, * so also in Christ shall all be made alive. Alleluia.

Psalm 72 Deus, judicium

- 1 Give the King your justice, O God, * and your righteousness to the King's Son;
- 2 That he may rule your people righteously * and the poor with justice.
- 3 That the mountains may bring prosperity to the people, *

and the little hills bring righteousness.

4 He shall defend the needy among the people; *

he shall rescue the poor and crush the oppressor.

5 He shall live as long as the sun and moon endure, * from one generation to another.

6 He shall come down like rain upon the mown field,*

like showers that water the earth.

7 In his time shall the righteous flourish; *

there shall be abundance of peace till the moon shall be no more.

- 8 He shall rule from sea to sea, *and from the River to the ends of the earth.
- 9 His foes shall bow down before him, *and his enemies lick the dust.
- 10 The kings of Tarshish and of the isles shall pay tribute, *

and the kings of Arabia and Saba offer gifts.

- 11 All kings shall bow down before him, *and all the nations do him service.
- 12 For he shall deliver the poor who cries out in distress, *

and the oppressed who has no helper.

- 13 He shall have pity on the lowly and poor; *he shall preserve the lives of the needy.
- 14 He shall redeem their lives from oppression and violence, *

and dear shall their blood be in his sight.

15 Long may he live! and may there be given to him gold from Arabia; *

may prayer be made for him always, and may they bless him all the day long.

- 16 May there be abundance of grain on the earth, growing thick even on the hilltops; * may its fruit flourish like Lebanon, and its grain like grass upon the earth.
- 17 May his Name remain for ever and be established as long as the sun endures; * may all the nations bless themselves in him and call him blessed.
- 18 Blessed be the Lord God, the God of Israel, * who alone does wondrous deeds!
- 19 And blessed be his glorious Name for ever! *

and may all the earth be filled with his glory. Amen.

The Lessons

The First Lesson: A Reading from the First Book of Samuel [1:1-20]

1There was a certain man of Ramathaim, a Zuphite from the hill country of Ephraim, whose name was Elkanah son of Jeroham son of Elihu son of Tohu son of Zuph, an Ephraimite. ²He had two wives; the name of one was Hannah, and the name of the other Peninnah. Peninnah had children, but Hannah had no children. 3 Now this man used to go up year by year from his town to worship and to sacrifice to the Lord of hosts at Shiloh, where the two sons of Eli, Hophni and Phinehas, were priests of

the Lord. ⁴On the day when Elkanah sacrificed, he would give portions to his wife Peninnah and to all her sons and daughters; ⁵but to Hannah he gave a double portion, *because he loved her, though the Lord had closed her womb. ⁶Her rival used to provoke her severely, to irritate her, because the Lord had closed her womb. ⁷So it went on year after year; as often as she went up to the house of the Lord, she used to provoke her. Therefore Hannah wept and would not eat. ⁸Her husband Elkanah said to her, 'Hannah, why do you weep? Why do you not eat? Why is your heart sad? Am I not more to you than ten sons?' 9 After they had eaten and drunk at Shiloh, Hannah rose and presented herself before the Lord.* Now Eli the priest was sitting on the seat beside the doorpost of the temple of the Lord. ¹⁰She was deeply distressed and prayed to the Lord, and wept bitterly. ¹¹She made this vow: 'O Lord of hosts, if only you will look on the misery of your servant, and remember me, and not forget your servant, but will give to your servant a male child, then I will set him before you as a nazirite until the day of his death. He shall drink neither wine nor intoxicants, and no razor shall touch his head. 12 As she continued praying before the Lord, Eli observed her mouth. ¹³Hannah was praying silently; only her lips moved, but her voice was not heard; therefore Eli thought she was drunk. ¹⁴So Eli said to her, 'How long will you make a drunken spectacle of yourself? Put away your wine.' 15But Hannah answered, 'No, my lord, I am a woman deeply troubled; I have drunk neither wine nor strong drink, but I have been pouring out my soul before the Lord. ¹⁶Do not regard your servant as a worthless woman, for I have been speaking out of my great anxiety and vexation all this time.' ¹⁷Then Eli answered, 'Go in peace; the God of Israel grant the petition you have made to him.' 18 And she said, 'Let your servant find favor in your sight.' Then the woman went to her quarters, ate and drank with her husband, and her countenance was sad no longer. 19 They rose early in the morning and worshipped before the Lord; then they went back to their house at Ramah. Elkanah knew his wife Hannah, and the Lord remembered her. ²⁰In due time Hannah conceived and bore a son. She named him Samuel, for she said, 'I have asked him of the Lord.'

The Word of the Lord. Thanks be to God.

Canticle: A Song of Our True Nature - Julian of Norwich

Christ revealed our frailty and our falling, * our trespasses and our humiliations. Christ also revealed his blessed power, * his blessed wisdom and love. He protects us as tenderly and as sweetly when we are in greatest need; * he raises us in spirit and turns everything to glory and joy without ending.

God is the ground and the substance, the very essence of nature; *
God is the true father and mother of natures.
We are all bound to God by nature, * and we are all bound to God by grace.
And this grace is for all the world, * because it is our precious mother, Christ.
For this fair nature was prepared by Christ for the honor and nobility of all, *
and for the joy and bliss of salvation.

The Second Lesson: The Gospel of John [3:25-30]

25 Now a discussion about purification arose between John's disciples and a Jew.²⁶They came to John and said to him, 'Rabbi, the one who was with you across the Jordan, to whom you testified, here he is baptizing, and all are going to him.' ²⁷John answered, 'No one can receive anything except what has been given from heaven. ²⁸You yourselves are my witnesses that I said, "I am not the Messiah, but I have been sent ahead of him." ²⁹He who has the bride is the bridegroom. The friend of the bridegroom, who stands and hears him, rejoices greatly at the bridegroom's voice. For this reason my joy has been fulfilled. ³⁰He must increase, but I must decrease him.

The Song of Mary *Magnificat Luke 1:46-55*

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior; *

for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: *

the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him * in every generation.

He has shown the strength of his arm,*

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *and has lifted up the lowly.

He has filled the hungry with good things,* and the rich he has sent away empty.

He has come to the help of his servant Israel, *

for he has remembered his promise of mercy,

The promise he made to our fathers, * to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. Amen.

The Apostle's Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

Hear our cry, O God. And listen to our prayer.

Let us pray. God be with you. And also with you.

Let us pray.

The Lord's Prayer

The Suffrages

- V. Help us, O God our Savior; R. Deliver us and forgive us our sins.
- V. Look upon your congregation; R. Give to your people the blessing of peace.
- V. Declare your glory among the nations; R. And your wonders among all peoples.
- V. Do not let the oppressed be shamed and turned away; R. Never forget the lives of your poor.
- V. Continue your loving-kindness to those who know you;
- R. And your favor to those who are true of heart.
- V. Satisfy us by your loving-kindness in the morning;
- R. So shall we rejoice and be glad all the days of our life.

Collect of the Day

Father in heaven, by your grace the mother of your incarnate Son was blessed in bearing him, but still more blessed in keeping your word: Grant us who honor the exaltation of her lowliness to follow the example of her devotion to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen**.

Collect for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

Let us bless the Lord. Alleluia! Alleluia! Thanks be to God. Alleluia! Alleluia!

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit.

[Romans 15:13]